

SAINT PAUL HOTEL ANNOUNCES 2010 SCHEDULE FOR POPULAR BUSINESS AND CHILDREN'S ETIQUETTE CLASSES

Parents, professionals seek benefits of polished people skills in tough business environment

Saint Paul, Minn. (January 2010) — The Saint Paul Hotel has announced dates for its 2010 slate of Children's and Business Etiquette Classes. Next year's sought-after Business Etiquette Class will be offered three times: on Thursdays, February 18, May 20, and September 30, from 11 a.m. to 1:30 p.m. The 2010 calendar of Children's Etiquette Classes also includes three dates: Saturdays, February 20, May 23, and October 2, from 10 a.m. to 1 p.m. Reservations can be made by calling (651) 228-3860.

"The Saint Paul Hotel's etiquette classes have been popular and well-received for many years, but we have definitely noticed an increase in interest in the past 12 months," notes Terri Bulanek, Director of Catering for The Saint Paul Hotel. "As the job environment gets more and more challenging, people are appreciating the value that well-polished personal skills can offer. Parents and professionals seem to agree that it's never too early, or too late, to acquire the etiquette advantage."

Angelyn Davis, president and founder of Twin Cities-based Etiquette, Et Cetera, will teach the 2010 Business and Children's Etiquette classes. Davis, who has received glowing reviews from Saint Paul Hotel etiquette class participants for years, has a full resume of instructional experience, including partnerships with businesses and schools throughout the region.

The Business Etiquette Class at The Saint Paul Hotel is designed to offer valuable tips for people just entering business, as well as skills for more experienced professionals looking to polish and perfect their business etiquette knowledge in today's competitive professional environment. Each two hour class is packed opportunities to learn and practice. Participants build confidence through activities demonstrating proper etiquette for meetings, electronic and face-to-face communications, dining, and common entertainment situations, including the roles and responsibilities of hosts and guests. A question and answer session and a trivia challenge add to the engaging, open atmosphere. The Business Etiquette class includes lunch and an etiquette handbook, and costs \$55 per person.

The Children's Etiquette Class engages boys and girls ages 8 to 13 in a fun, fact-filled two-hour luncheon and learning session. Young participants play games, role-play, and participate in entertaining activities designed to help them master the fine arts of proper introductions, meeting and greeting, dining etiquette, and other lifelong social graces. During the class, children will be served a four-course lunch during which they practice their newly acquired skills. Each participant also receives a take-home goodie bag. The cost per child is \$45.

Built in 1910, The Saint Paul Hotel is a member of the Historic Hotels of America and a member of the Preferred Hotel and Resort Group. Heralded as the Twin Cities' most established and elegant hotels, The Saint Paul Hotel is located at 350 Market Street on Rice Park in downtown Saint Paul, Minnesota. For additional information, call 651-292-9292 or 800-292-9292, or visit www.saintpaulhotel.com. The Saint Paul Hotel is managed by Morrissey Hospitality Companies (www.morrisseyhospitality.com).

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Media Contact: Peg Roessler, Roessler PR, 952-949-6550, PRoess@aol.com.