

## **ST. PAUL GRILL HOSTS EXCLUSIVE EVENING FOR LOVERS OF SCOTCH**

**March 31 event features tastings, international experts, and not-yet-released Scotch whiskies**

**St. Paul, Minn. (March 2006)** – On Friday, March 31, from 5 p.m. to 6:30 p.m., Scotch whisky aficionados of the Twin Cities will have a rare opportunity to sample 10-, 12-, and even 25-year-old Scotches at an exclusive Scotch tasting event in the bar at the St. Paul Grill. Renowned international experts Ian MacMillan, Master Distiller at Burn Stewart Distillers in Scotland, and Peter Schwartz, President of International Beverage Company, Inc., will guide guests through the evening tasting and provide expert commentary in presentations and question and answer opportunities. Seating is limited for the \$15 per person event, and reservations can be made by calling 651-22-GRILL (224-7455).

Longtime Scotch aficionados as well as those hoping to learn more about the qualities of color, nose, palate, aftertaste, and finish that characterize the storied beverage will equally enjoy the evening's array of tastings, which include both single malts and blends. MacMillan and Schwartz will share and discuss the following offerings: Deanston, a 12-year-old Scotch from the Highland region of Scotland; Ladaig Sherry Finish from the Isle of Mull; Tobermory 10 year from the Isle of Mull; Black Bottle, a blend from all seven Islay distilleries; and Bunnahabhain, a 12 year Scotch from Islay. In addition, MacMillan will also introduce this exclusive St. Paul Grill audience to the Bunnahabhain 18 year and 25 year Scotches, which will become available to the Twin Cities market for the first time in April. Light hors d'oeuvres will also be served.

"Both MacMillan and Schwartz are internationally-recognized experts with incredible stores of knowledge on the unique history and distilling processes that give Scotch its enduring appeal," notes Scott Ida, General Manager of The St. Paul Grill. "Whether you are an avid Scotch aficionado or are just getting acquainted with the subtleties and regional tastes that distinguish one Scotch from the next, MacMillan and Schwartz will have stories to tell and tips to offer that will enhance your appreciation of fine Scotch."

St. Paul Grill, located in The Saint Paul Hotel across from beautiful Rice Park in downtown St. Paul, is a classic East Coast-style bar and grill. In a casual upscale atmosphere, The St. Paul Grill, features classic American food created and prepared by award-winning chefs. The service, attention to detail and atmosphere are among the reasons The St. Paul Grill has been consistently rated among the top Twin Cities restaurants since it opened in 1990. For more information or for reservations, contact the St. Paul Grill at 651-22-GRILL or [www.stpaulgrill.com](http://www.stpaulgrill.com). The St. Paul Grill is managed by Morrissey Hospitality Companies ([www.morrisseyhospitality.com](http://www.morrisseyhospitality.com)).

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## Scotch Whisky Quick Facts

- Scotch, also called Scotch whisky, gets its name from its country of origin (Scotland) and the Gaelic word “usquebaugh,” which means “water of life.”
- Like fine wines, Scotch improves with age. The age on the bottle indicates the number of years the Scotch matured in the cask before it was bottled. (In blended varieties, the age on the bottle indicates the age of the youngest malt in the blend.)
- Scotch comes in single malt and blended varieties. While many critics note the fine quality of many of today’s blends, single malts still have tradition on their side.
- Scotch flavor varies by the region of Scotland from which it comes. Experts often note six main regions (with subregions within each): Campblelltown, Highland, Islay, Lowland, Speyside, and Island.
- Scotch aficionados can “taste the geography” of a Scotch, telling which region it comes from by its distinct flavor and qualities.
- Scotch aficionados consider the following factors when judging a Scotch: color, nose, palate, aftertaste, and finish.
- Scotch is primarily composed of water and malted barley, distilled and fermented with yeast.
- Because Scotch is 94.8% alcohol, many Scotch drinkers prefer it with a splash of water.