

SAINT PAUL HOTEL EXPANDS POPULAR ETIQUETTE CLASS OFFERINGS

Responding to popular demand, Twin Cities' bastion of traditional elegance provides manners "how-to's" for kids, teens, and adults

Saint Paul, Minn. (August 4, 2006) – The Saint Paul Hotel has announced plans to expand the popular series of etiquette classes it introduced earlier this year. The Hotel's 2006-2007 calendar of etiquette programs will continue to include the well-attended luncheon programs for young people, and will also add new opportunities for teens, adults, and business people to polish their interpersonal skills and increase their confidence in the exercise of traditional social graces. Angelyn Davis, president and founder of Etiquette, Et Cetera, will teach each class. Most of the programs will be offered in the Hill Room at The Saint Paul Hotel, **and reservations can be made by calling (651) 228-3860.**

"After introducing the Etiquette Luncheons for kids last year, the hotel received dozens of phone calls asking when we were going to offer similar programs for other audiences, and our new classes are a direct response to those requests," notes Terrie Bulanek, The Saint Paul Hotel's Director of Catering. "Etiquette is so much more than knowing which fork to use; it's timeless information about social graces that helps give people ease and confidence in social situations ranging from kids' birthday parties to adults' business conferences. It's always relevant."

The Saint Paul Hotel's 2006-2007 Etiquette Program offerings will include:

Business Etiquette Luncheon

Thursday, October 12 and Thursday, November 2, 2006

11 a.m. to 2 p.m.

This program will appeal to people who are just entering the work force, as well as to those who would like to polish or refresh their business etiquette knowledge. The session will help participants build confidence through role playing, question and answer opportunities, trivia challenges, and activities aimed at outlining proper etiquette for meetings, electronic and face-to-face communication, dining, and common entertainment situations, including the roles and responsibilities of hosts and guests. The three-hour program, including lunch and an etiquette handbook, will cost \$50 per person.

Dinner Party Etiquette

Friday, October 27 and Friday, November 10, 2006

7 to 10 p.m.

This evening dinner program will invite couples to learn the basics of fine dining and party-going etiquette in a fun, social environment. Participants will enjoy an elegant multi-course meal with instruction between the courses, offering opportunities to put new skills and ideas immediately into practice. Activities, question and answer opportunities, role playing exercises, and discussions will help participants polish their skills in such

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key areas as meeting new people, making introductions, starting and continuing conversations, protocol for cocktail parties, formal dinner decorum, and restaurant refinements. Cost for the dinner, program, and included etiquette handbook will be \$85 per person.

Children's Etiquette Classes

Sunday, October 1 and Sunday, October 8, 2006

11 a.m. to 2 p.m.

Offered for boys and girls ages eight to 13, this fun class and luncheon invites participants to participate in games and activities that teach proper introductions, meeting and greeting, dining etiquette and other social graces. A three-course lunch enables the students to practice their newly acquired skills. Each young person attending the luncheon will receive a take-home bag of goodies. Parents dropping off their children for the Etiquette Luncheon can enjoy lunch at The St. Paul Grill and receive a complimentary dessert. St. Paul Grill lunch reservations can be made at the same time as making reservations for The Etiquette Luncheon. Cost is \$40 per child.

Prom Etiquette for Teenagers

Spring 2007 (exact dates to be announced in September)

Teenaged boys and girls will join etiquette pro Angelyn Davis for a more mature version of the Children's Etiquette Luncheon as they learn proper etiquette for dinner and a dance in preparation for the prom season. Activities, discussion, and opportunities to practice new skills will prepare teens to feel confident and at ease at prom and beyond.

About Angelyn Davis:

Angelyn Davis is president and founder of Etiquette, Et Cetera, an etiquette training and development firm. In partnership with businesses and schools, she produces and presents youth education programs that parents endorse and kids find enjoyable, as well as highly-praised adult enrichment opportunities.

About the Saint Paul Hotel:

Built in 1910, The Saint Paul Hotel is the Twin Cities' most established and elegant hotel. The Saint Paul Hotel, a member of the Historic Hotels of America, is located at 350 Market Street on Rice Park in downtown Saint Paul, Minnesota. For additional information, please call 651-292-9292 or 1-800-292-9292, or visit www.saintpaulhotel.com. The Saint Paul Hotel is managed by Morrissey Hospitality Companies (www.morrisseyhospitality.com).

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